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SPORTS MALL "SHARKS" YOUTH SWIM TEAM

Sports Mall Swim Team is a competitive swim team offering professional coaching and technique instruction for all ages and abilities. The Swim Team is part of the Salt Lake Swim League or SLSL. Swim Meets are Tuesday afternoons, with a championship meet at the end of the summer season. The goal of our team is to provide every swimmer an opportunity to improve swimming skills and achieve success at his or her level of ability. Gold Team must have knowledge of all 4 strokes & can perform them properly. Silver Team must be able to swim 25 yards freestyle with proper side breathing technique.

Swim Team Registration / Parent Meetings:

Tuesday, May 2nd 6:00 pm in the Tennis Lounge. For late starters another parent meeting will be held at the pool Monday, June 5th at 7:00 am.

Minnows Swim Team Program:

$70 Month for 4 and 5 year olds learning how to properly swim freestyle with side breathing, and backstroke. Specifically tailored to introduce competitive swimming. Mini-meet August 1st at the Sports Mall.

TEAM WORKOUTS:

May 8Th – June 1St, 2017	June 5Th – August 9Th, 2017
Sharks Silver Team:	Sharks Silver Team:
4:00 pm– 4:45 pm	8:00 am – 8:45 am
Monday thru Thursday	Monday thru Thursday
Sharks Gold Team:	Sharks Gold Team:
4:30 – 5:30 pm	7:15 am – 8:15 am
Monday thru Thursday	Monday thru Thursday
	7:30 am – 8:30 am Fridays
	Minnows Program:
	9:45 - 10:20 am
	Tuesday and Thursday

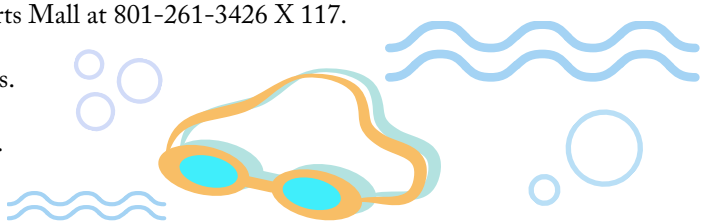
SPORTS MALL
SWIM TEAM

Team Fees: $250 Members $275 Non-Members

INCLUDES: May 8 – August 9th practices, Swim Meets, Championship meet, & Swim Cap.

PRIVATE SWIM LESSONS

Private swim lessons offer one-on-one instruction for all ages and abilities. These lessons are 30 minutes and can be scheduled any day of the year when the pool is open for lap swimming.
To schedule your private swimming lessons please call the Sports Mall at 801-261-3426 X 117.
Fee:
$25.00 for One Private Swim Lesson for Sports Mall Members.
$35.00 for One Private Swim Lesson for Non-Members.
$100 for Five Private Swim Lessons for Sports Mall Members.
$125 for Five Private Swim Lessons for Non-Members.



SEMI-PRIVATE SWIM LESSONS

Semi-Private Swim Lessons offer instruction for two or more swimmers similar in age and swimming ability. These lessons are 30 minutes and can be scheduled any day the pool is open for lap swimming. To register for Semi-Private Swim Lessons please call the Sports Mall 801-261-3426 X 117.
Fee:
$72.50 per student for Five Semi-Private Lessons for Sports Mall Members.
$92.50 per student for Five Semi-Private Lessons for Non-Members.

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YOUTH SWIM LESSONS

The focus of swim lessons is to give children ages 3 & up the physical skills and safety knowledge necessary to maximize their enjoyment of the water. Class sizes are limited to maintain a low instructor-to-child ratio. See our Parent-tot swim program for children who are 3 years and younger, or who may need some support before they start swim lesson in a group.

Fee: *$50 a session for Sports Mall Members.*
$60 a session for Non-Members.

Dates	Times
June 5-15	9:45 – 10:15 am
June 19-29	10:20-10:50 am
July 10-20	10:55-11:25 am
July 25 -August 3 *No lessons on 24th	11:30-12:00 pm
August 7-17	Lessons are Monday thru Thursday only.

PARENT-TOT SWIM LESSONS

Introduces children starting at 6 months and up in age to the water with the support of a parent. This class is a very important step in your child's development in the water. If your child has never taken swim lessons before, this is a great place to start. **Swim Diapers are required.** For more information on Parent-Tot Lessons please call: 801-261-3426.

Fee: $35 for Sports Mall Members
$45 for Non Members.
Time: 11:45 – 12:15
Dates: Thursdays: June 8, 15, 22, & 29 (Includes all 4 classes)
Instructor: Peggy Shultz-Beck

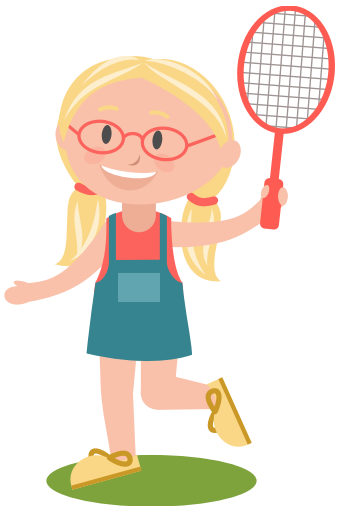
Pre-Registration is required.
Pre-registration will guarantee a spot for swim lessons. To register please do so in person at the customer service desk at the Sports Mall. Classes may be combined; there is a three-student minimum to hold class. There will be no make-up days for missed classes or poor weather conditions. To determine if classes have been canceled due to poor weather conditions, please call the Sports Mall - 30 minutes prior to your scheduled lesson time. Credits may be issued for future lessons; however, there will be no refunds or make-ups.

PEE WEE TENNIS

Ages 4-6: Monday & Wednesdays
11:10 am - 11:55 am

Fee: $66 - Members
$96 - Non-Members
(cost includes racquet, T-shirt & Hat)

Session I	June 5th - 21st
Session II	June 26th - July 12th
Session III	July 17th - August 2nd



Sports Mall Athletic and Racquet Club • 5445 South 900 East • Murray, UT 84117 • Phone: 801-261-3426

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SUMMER JUNIOR TENNIS

Flight I,II,III A,& B	C & D
Cost $240 - members $340 - non-members	Cost $180 - members $270 - non-members
9 week program will include:	**9 week program will include:**
16 1.5 hour group lessons	16 1.0 hour group lessons
T-shirt	T-shirt
Organized Match Play each Friday	Organized Match Play each Friday
Slug-Out Tournament	Last chance play day
Pool Party August 2nd	Pool Party August 2nd

SPORTS MALL TENNIS CAMP

"A" And "Flight II" Levels Or Higher
Academy Camp - *By Invitation Only*
Pre Academy Camp - *By Invitation Only*

1 Week Camps (16 Hours)
Monday Through Thursday 10:00-2:30

Fee: $165 Members
$215 Non Members
1 FREE WEEK/CAMP IF REGISTERED FOR ALL 8 WEEKS!

Each Camp Will Include:

- 8 Hours Of On Court Training/Instruction
- 6 Hours Of Matchplay
- 2 Hours Of Fitness Training
- T Shirt
- Slug Out Tournament
- Pool Party August 2nd

Dates:

June 5-June 8
June 12 - June 15
June 19- June 22
June 26 - June 29
July 3 - July 6
July 10 - July 13
July 17 - July 20
July 25 - July 27

ADULT TENNIS

Adult Women's Workout schedule
Monday 9:00-10:30am Womens 3.0
Tuesday 9:00-10:30am Womens 4.5
Wednesday 9:00-10:30am Womens 4.0
Thursday 9:00-10:30am Womens 3.5
Friday 9:00-10:30am Womens 2.5
Friday 9:00-10:30am Womens 4.5 and above
Saturday 9:00-10:30am Womens 2.5
These are not "Drop-in" Workouts. Space may be limited. Please call the front desk to sign up.

The Sports Mall offers Adult Workouts for all levels. You may attend the workout at your rating or .5 level above. (Except Friday 4.5, must be 4.5 or above) Cost is $20 per time.

Adult Men's Workout schedule
Monday 6:00-7:30pm Mens 3.5
Monday 7:30–9:00pm Mens 3.0
Tuesday 6:00-7:30pm Mens 4.0
The Men's workouts are a "Drop-in" registration

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WASATCH BEACH VOLLEYBALL

Greetings Junior Beach Lovers! Beach volleyball is one of the fastest emerging sports in NCAA history, thanks in part to its spot in the Olympic Games and the AVP Pro Beach Volleyball Tour. Over 60 NCAA institutions are now recruiting and offering sand scholarships. The University of Utah started it's inaugural PAC 12 beach program in March of 2017.
Whether you are just learning to play or taking your skills and fitness to the next level, we have a program for you and your young athlete. Training pods and private coaching will begin at Wasatch Beach May 30

AVP Beach Gold

Tryouts (FREE) - May 19-20 4-7 PM for alt times please contact us (Ages 12-18) Boys and Girls
This Academy is for Intermediate to Advanced athletes who are willing to commit to the highest levels of training and conditioning. Practices developed by Olympic and AVP Pro coaches - Nutrition - Sports Psychology - Strength and Conditioning. Only 36 athletes will be selected

Skills & Drills Training Pods

No tryouts necessary (Ages 10-18) Boys and Girls
Athletes will learn intermediate to advanced skill sets and principles on all aspects of the beach game

Wasatch Beach Juniors Beginner Training Pods

No tryouts necessary (Ages 10-18) Boys and Girls
Designed specifically for beginners, participants will be introduced to the basic concepts and fundamentals of Beach Volleyball.

Summer 2017 Coaching Programming & Tournaments

AVP ACADEMY @ WASATCH BEACH

AVP Beach Gold

Tryouts (FREE) - May 19th/4-7pm
(Ages 10-18)
Cost (if selected) :
- $799 - Early Bird Pricing
(if purchased before May 10)
- $849 - Regular Pricing
(10 weeks/practice 2x per week for 2 hrs)
Begins May 30
Tuesdays & Thursdays 8:30-10:30 am
Boys and Girls
36 Athletes will be selected
- Practices developed by Olympic and AVP Pro coaches
- Nutrition
- Sports Psychology
- Strength and Conditioning

WASATCH BEACH JUNIOR TRAINING

Skills & Drills Training Pods

No tryouts necessary
(Ages 10-18)
Cost :
• **$299** - Early Bird Pricing
(if purchased before May 10)
• **$349** - Regular Pricing
(5 weeks/practice 2x a week for 2 hours)
Every Tuesday & Thursday - 11am to 1pm
Boys and Girls
Pod 1 begins June 6
Pod 2 begins July 11

Participants will learn intermediate to advanced skill sets and principles on all aspects of the beach game

WASATCH BEACH JUNIORS BEGINNERS

Beginner Training Pods

No tryouts necessary
(Ages 10-18)
Cost:
• **$199** - Early Bird Pricing
(if purchased before May 10)
• **$249** - Regular Pricing
(5 weeks/practice 1x a week for 1.5 hrs)
Every Tuesday or Thursday - 11am to 1pm
Boys and Girls
Pod 1 begins June 6
Pod 2 begins July 11

Designed specifically for beginners, participants will be introduced to the basic concepts and fundamentals of Beach Volleyball

2017 Juniors Tournament Dates

Date	Event	Ages	Days
May 20	AVP First National Qualifier	12-18	Sat
June 2-3	AAU National Qualifier	12-18	Fri-Sat
June 9-10	AVP First Grand Slam Qualifier	12-18	Fri-Sat
July 7-8	AVP First National Qualifier	12-18	Fri-Sat
July 21-24	AVP Nationals Hermosa Beach	12-18	Fri-Mon
Aug 4-5	Utah State Beach Championships	12-18	Fri-Sat

SLAMMIN' SUMMER CAMPS

Where the **REAL** *fun is! For kids ages 5 to 12*

2017 summer camps are under way and ready to bring you one unforgettable summer. Registration for Sports Mall members begins Monday April 24th. Non-Members, Monday May the 1st. Registration form and payment must be received before camper can be added to camp. Space is limited and it fills up fast, reserve your spot today.

Camp Fees and Times:

Times:	Members:	Non-Members
AM Camp 9:00am to 12:00pm	$60 per camper*	$75 per camper*
PM Camp 12:30pm to 3:30pm	$60 per camper *	$75 per camper*
Full Day Camp 9:00am to 3:30pm	$100 per camper*	$125 per camper*
Daily Rate Full Day	Full Day $30	Full Day $45
Daily Rate Half Day	Half Day $15	Half Day $25

** prices are per week per camper*

Dates:	Members:	Non-Members
Camp fees for the week July 25th to July 28th	Half day camp $48 Full day camp $80	Half day $60 Full day camp $100

2017 Camp Schedule:

Date:	AM (9:00am-12:00pm)	PM (12:30pm-3:30pm)
June 12-16	Passport to fun week	Game Crazy
June 19-23	Wacky Sports week	Arts and Craft
June 26-30	SPA Week	Safari Week
July 3-7	NO CAMP	NO CAMP
July 10-14	Spy Week	Water World
July 17-21	Olympic week	Finger Paint
July 25-28	Superhero week	Scavenger Hunt
July 31-Aug 4	Water World	Game Crazy
Aug 7-11	Party week	Party continues

No camp from July 3rd through July 7th. Thursday PM camps will get to enjoy swim days—every Thursday afternoon campers will enjoy an afternoon of swimming and pool games. Make sure to bring campers swimwear, towel, sunscreen and a flotation device if needed. Certified lifeguards will be on duty during all pool activities.

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